



NEW MEXICO
SOCCER ACADEMY

Date:	Week:
Topic: 3v3 Boss Of Balls	Duration:
Theme/Stage:	Extra Equip:
Level:	
Coach:	



Set Up: Approximate Grid Size 25 X 30 Yards. Separate the players into 2 teams. Collect all the ball and keep them close to the coach. Once the ball goes out of play coach restarts the game by playing in a new ball to the team that did not touch the ball last before it went out.

Web Link for video:

Coaching Points/ Questions

Technical:

Enjoy the ball!!!
Be Exciting!!

Tactical:

Psychosocial:

Physical:

To Adjust Difficulty:

If individuals are not getting enough of the ball, restart by passing to them more than others.

Notes: Let them play as much as possible.